

## **Update on lead members' special meeting on children and young people's mental health and wellbeing**

### **Purpose**

For discussion and direction.

### **Summary**

This report summarises the key issues that were discussed at the lead members' special meeting on children and young people's mental health and wellbeing and seeks the Board's views on resulting actions and next steps. A more detailed note is attached at **Appendix 2**.

The Office Holders of the Community Wellbeing Board attended the meeting and will give an oral update.

### **Recommendation**

The Community Wellbeing Board is asked to provide views on the actions listed in **section 6** of this report, including which actions should be prioritised.

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## **Update on lead members' special meeting on children and young people's mental health and wellbeing**

### **Background**

1. Lead members of the LGA Children and Young People Board and Community Wellbeing Board requested a joint meeting on children and young people's mental health and wellbeing in order to raise their awareness and understanding of key issues and to help both Boards agree actions they want to focus on, to support work on this agenda.
2. A half-day special meeting took place on 23 February 2017, to which a number of expert speakers were invited to share views on key issues.
3. This report seeks members' advice on the priority actions they now wish to pursue.

### **Issues**

4. A list of speakers who attended the meeting can be found at **Appendix 1** and a summary of the issues and challenges that were highlighted by speakers at the meeting can be found at **Appendix 2**. The issues discussed included:
  - 4.1 Accountability for spend on CAMHS
  - 4.2 Shifting the focus to prevention
  - 4.3 A key role for schools
  - 4.4 Involving children, young people and their families
  - 4.5 Fragmented commissioning landscape and lack of systems leadership
  - 4.6 Provider capability
  - 4.7 A need for evidence informed interventions and data
  - 4.8 Particularly vulnerable groups
  - 4.9 Waiting times and criteria to access services
  - 4.10 On-line mental health support services, social media and cyber bullying
5. This report was also presented at the last meeting of the CYP Board.

**Suggested actions for consideration**

6. Based on the issues identified in this report members are asked to consider the following suggested actions, advise which others they may wish to pursue and ***identify which of the Board actions should be prioritised.***

LGA:

- 6.1 Develop guidance for health and wellbeing boards and scrutiny members to strengthen local leadership and accountability for the quality, delivery and spend on children's mental health and wellbeing services through Local Transformation Plans.
- 6.2 Use the forthcoming LGA campaign on children and young people's mental health services to highlight the importance of the role of prevention; the need for accountability of spend on services; and the key role of councils to this agenda through sharing best practice examples.
- 6.3 Use the forthcoming LGA state of the nation style report on mental health to highlight the importance of prevention and explore transitions between children and adult mental health services (July 2017).

CYP Board and the Community Wellbeing Board:

- 6.4 Engage with DfE and DH to influence the scope of the forthcoming green paper on children and young people's mental health (due out in Autumn 2017.)
- 6.5 Engage with CQC to influence the scope of the forthcoming thematic review of children and young people's mental health services (findings will be reported in 2017/18.)
- 6.6 Hold a round table discussion with DH, Health Education England and NHS commissioners and providers, to identify further work to build the capacity of providers to deliver services that achieve the transformative change described in Future in Mind.
- 6.7 Meet with the Chair of the the All Party Parliamentary Group on Mental Health (Helen Whateley MP), to understand the work of the Group and explore any opportunities for joint working.
- 6.8 Provide DfE with a sector view on content for PHSE, to highlight the need for age appropriate mental health and wellbeing education recognising the growing impact of social media and the need to build e-resilience.
- 6.9 Engage with DfE to identify how councils can contribute to achieving sustainable delivery models for the further roll out of the mental health services and school link pilot. *(As noted, a number of the critical success factors identified in the evaluation highlight the role and contribution required from local authorities to make joint working arrangements a success).*

### **Implications for Wales <sup>1</sup>**

7. The contents of this report applies to England. The Welsh Local Government Association are leading on activity in relation to children and young people's mental health in Wales and making any representations on behalf of their members to the Welsh Government.

### **Financial Implications**

8. There are no financial implications to the LGA relating to the information in this report.

### **Next steps**

9. The Community Wellbeing Board is asked to provide views on the actions listed in **section 6** of this report, including which actions should be prioritised.

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<sup>1</sup> The WLGA pays a membership fee to the LGA on behalf of all Welsh councils and we lobby for them on "non-devolved" issues - e.g. DWP work. The WLGA provides "top-slice" for workforce support, but none for "improvement".